

November, 21 to 22, 2024

The perfect  
**STORM**



Constellations, Energy Work, Moving, Connecting, Sharing and Laughing

As we set sail into the storm,  
we will navigate the turbulent waters of life together,  
weathering the storms of life as a united crew.

Even when the horizon seems obscured by clouds,  
we will discover the power that lies in trusting ourselves and each other.  
After weathering the storm, we will allowing the gentle rhythm of the  
waves to wash away the wounds of the past.

You can register by email at the following adress:

[Followyourfeet.gent@gmail.com](mailto:Followyourfeet.gent@gmail.com)

*Venue:*

Collegebaan 49A, 9090 Melle, Belgium

*Times:*

Thursday, 9:30 a.m. to 12:30 noon; 1:30 p.m. to 4 p.m.

Friday, 9:30 a.m. to 12:30 noon; 1:30 p.m. to 3:30/4 p.m.

*Language:* Nederlands, Deutsch, English *Costs:* 200,00 €

*Trainers:* Daivika Karcher-Mast Petrus Oosterveer Dr. Lien Eeckhaut

[www.thesoundofrunningwater.com](http://www.thesoundofrunningwater.com)

[www.artsenhelios.be](http://www.artsenhelios.be)

